



PRESTARSKATE PROGRAM

WHAT IS PRESTARSKATE?

Skills, Tests, Achievement, Recognition – this is what STARskate is all about!

The Red Deer Skating Club's PreSTARskate is an introductory program designed to teach the elements of figure skating. STARskate offers opportunities for skaters to develop skills in the areas of ice dance, skating skills, freeskate, and interpretive skating. This program teaches figure skating skills in a group lesson format in a progressive and sequential manner and includes specifically designed awards and incentives.

For Prestarskate you will need to wear white lace up figure skates (not molded or recreational skates with velcro or buckles). You will need mitts and a form fitting jacket as well as yoga pants or leggings or a skating dress (a dress is not mandatory). Please remember to wear layers at it is cold. Also, have your child's hair pulled back off their face so they can see where they are going.

QUALIFICATIONS: *Skaters must have completed CanSkate Level 4 or have been recommended by one of our coaches or have attended a previous PreSTARskate program. This is not a learn to skate program.*

Skaters have the opportunity to take private lessons with any of the Red Deer Skating Club's coaching staff at any time. If you are interested in finding out how to set up private lessons you can contact the coach of your choice or call the club at (403) 358-1701 or email to skatereddeer@hotmail.com with questions. Skaters who wish to have private lessons from a coach may do so either during your PreSTARskate session or on another Junior or Open session during the week. There may be an additional ice cost and coaching fees for private lessons are extra..

PROFESSIONAL COACHES:

TAMMIE PAUL
NCCP Level III
Coaching Since: 1977
Rate: \$14.00
Phone: (403)506-3531
skatetammie@telus.net

LANA BELLMORE
NCCP LEVEL II
Coaching Since: 1991
Rate: \$12.00
Phone: (403)506.1880
lanabellmore@gmail.com

PATTI SOMER
NCCP LEVEL III
Coaching Since: 1984
Rate: \$13.00
Phone: (403)396-3964
pattisomer@gmail.com

JESSICA SERGEANT
NCCP LEVEL 1 TRAINED
Coaching Since: 2014
Rate: \$ 10.00
Phone: (780) 999-4192
jess.sergeant@hotmail.com

KATELYNN JEHN
NCCP LEVEL 1 TRAINED
Coaching Since: 2013
Rate: \$ 7.50
Phone: (403) 896-8835
katelynnjehn@hotmail.com

JANUARY – MARCH 2017 PRESTARSKATE PROGRAM

DAYS: Monday and/or Wednesday

DATES: January 9th – March 15th

TIME: 4:00pm to 5:00pm

PLACE: Kinsmen A Arena

COST: \$290.00 (Monday and Wednesday)

\$155.00 (Monday or Wednesday)

*Registrations are accepted on a first come, first serve basis. No phone registrations will be accepted. PreSTARskate skaters will share the ice with the Junior skaters. **REGISTRATION OPENS NOVEMBER 28TH, 2016.***



REGISTER AT: www.skatereddeer.com

Please become familiar with the steps to register. Go to: Prestarskate> Steps to Register

IMPORTANT DATES:

January 9th Monday – First Day back after Christmas break

January 23rd & 25th – Super Hero Day

February 10th & 11th – Fun On Ice

February 13th & 15th - Valentine's Day (wear red or pink)

February 20th Monday – NO SKATING (Family Day)

March 6th & 8th – Beach Day

March 15th Wednesday – Last day of PreStarskate